

# Prevent suicide. Treat depression.



Depression is a brain illness. Left untreated it can lead to suicide. By knowing the signs of depression you can get someone you care about to a doctor. Don't let depression take another life.

**Call 1-888-511-SAVE.**

**save.**

Suicide Awareness Voices of Education™  
[www.save.org](http://www.save.org)

## Symptoms of Depression

- Change in sleep
- Low energy
- Indecisiveness
- Weight change
- Lack of interest
- Loss of focus
- Thoughts of death
- Low self esteem
- Slowed/agitated behavior