



IS IT ALL IN HIS HEAD?



Depression isn't something that's "all in your head."

It's a serious brain illness. Left untreated depression can lead to suicide. By knowing the signs of depression you may be able to save the life of someone you care about.

To learn more call
1-888-511-SAVE today.

**Prevent suicide.
Treat depression.**

Symptoms of Depression

- Change in sleep
- Low energy
- Indecisiveness
- Weight change
- Lack of interest
- Loss of focus
- Thoughts of death
- Low self esteem
- Slowed/agitated behavior

save.

Suicide Awareness Voices of Education™
www.save.org